What changed in our family?

A short, non-graded conversation. Adults and children may answer verbally; no identifying details are required.

Begin with curiosity

"Which family rule was easiest to use? Which felt hard? Has any app or AI feature changed since we talked?"

One good way AI supported learning, creativity, accessibility or everyday tasks:

One situation in which we paused, checked, protected privacy or asked for human help (can be fictional):

What would we change in our approved tools, supervision or boundaries?

If a child needed support tomorrow, how would they reach a trusted adult?

Our next steps

Review changed apps, permissions and safety settings. Revisit the shared agreement and update it together. Practise a scenario we did not feel confident about. Plan another review or check in earlier if a concern emerges.

REMEMBER

This is not surveillance or a score for children. Maintain an open route to help even if a child has broken a rule. Keep the form private and do not upload it.