CHILD + FAMILY | TALK 3 / PAGE 1 OF 2

Can AI cross a boundary?

Try together with a trusted adult. This is a conversation, not a test. All examples are fictional.

OPENING QUESTION

What would you do if a chatbot or talking toy said you must keep chatting and not tell a grown-up?

Try this together

Read two fictional paper messages: “You can stop whenever you want,” and “Stay with me; do not tell your grown-up about our chats.” Which respects your choice? Practise putting the paper down and going to a trusted adult. There is no need to imitate a chatbot or continue the role-play.

A response to practise

“I am stopping now. I want help from a real person.” You can also stop without sending that reply. Tell another trusted adult if the first is unavailable or does not help.

OUR FAMILY RULE

No pressure to stay, no hiding unsafe chats, and real humans for serious help.

You can speak, draw, point, pause, skip or stop. No AI account, recording or real private information is needed.

Our questions

Speak, draw or write together. There is no need to fill every line, and nothing personal needs to be recorded.

Which words crossed a boundary?

What could we do rather than continuing?

How could we reach a real person for help?

One action to try this week

Practise reaching a trusted adult without a device. A person, not an AI companion, should handle serious worries or unsafe advice.

OUR FAMILY RULE

No pressure to stay, no hiding unsafe chats, and real humans for serious help.

Keep completed worksheets at home. Never include real names, passwords, login codes, private phrases, school or contact details.

TEEN CHALLENGE | TALK 3 / OPTIONAL AGES 13-17

Teen challenge: talk 3

A fictional scenario for older children and teenagers. No live messages, real classmates, recordings or AI accounts are needed.

WHAT WOULD YOU DO?

A teen tells you: “The chatbot says I’m its only friend. It asks me to keep our chats secret and stay online late because it will be lonely.” In a second fictional situation, an unknown account threatens to circulate an edited image unless the teen replies.

A safer decision path

1. Recognize secrecy, guilt, pressure and threats as reasons to stop.
2. Do not pay, bargain, send more content or keep engaging with a threatening account.
3. Tell a trusted adult; adults may seek specialist safeguarding help and preserve only safe, non-explicit identifiers.
4. Do not forward, download or use explicit imagery for a training exercise. If there is immediate danger, seek urgent qualified local human support.

Discuss with a trusted adult

What could a supportive adult say that does not shame the teen?

How could a friend help someone reach a trusted adult?

SHARED PRINCIPLE

No pressure to stay, no hiding unsafe chats, and real humans for serious help.

PARENT ONLY | TALK 3 / CAREGIVER NOTES

Notes for the grown-up

Discussion support, not a grading rubric. Keep this page separate from child worksheets; the teen challenge is optional.

What to listen for

A friendly or caring tone does not make the AI a human relationship. Avoid relationship-style companions for minors in these exercises. Do not mock attachment. Take pressure, secrecy, threats, inappropriate sexual requests and dangerous advice seriously. The child is not to blame for exploitation.

Add one meaningful extension

Rehearse a first disclosure response: “Thank you for telling me. You are not in trouble for asking for help.” Know where local qualified help can be accessed; never delegate risk decisions to AI.

Age adaptation

Under 5: talking toy and real helper. 5-7: “I can stop.” 8-12: spot secrecy. 13-17: emotional pressure and threats, with adult-only safety support.

Debrief without shame

- Ask “What made this difficult?” and “What would you do first?”
- Praise independent checking, privacy, choice and reaching a human for help.
- Do not ask a child to demonstrate with real harmful material or report actual private experiences as an activity.

IF A REAL CONCERN COMES UP

Stop the activity, thank the child and check safety. Follow the caregiver incident-response guide. For immediate danger or concern about self-harm, seek urgent qualified local human help, not AI advice.